



your newborn mini session prep

sweet baby  
— photography —

by Sarah Dale

HELLO!

Congratulations on your pregnancy! Thank you so much for allowing me the amazing and rewarding job of photographing your new little person in their first weeks of life. Newborns are my passion and I consider myself truly blessed to be around these little miracles so much.



From Peterborough - when you arrive at Yaxley crossroads, turn left down Broadway and continue for 1.1mile  
From Huntingdon - when you arrive at Yaxley crossroads, turn right down Broadway and continue for 1.1mile.  
(you will go straight over at both mini roundabouts) At the third mini roundabout please turn right onto Mere View - residential on one side of the street and commercial on the other. My studio is located on the left side of the road in the commercial buidings in Unit 40.

**Unit 40 Mere View, Yaxley, PE7 3HS**  
**07546259981**





## WHAT TO EXPECT

These mini sessions are very different to a full newborn session the session must be shorter for the sake of safety.

Please have baby dressed in **just a nappy and a front buttoning baby grow** - this is so that we don't have to lift anything over their head when we get them undressed.

Please feed your baby just before you leave for my studio so that they are nice and full, the journey here should have them nicely asleep on arrival and we can start straight away.

It can be helpful to have baby awake before the session for a little while, why not bath them before their feed and let them have a kick about. That way, they are ready for a lovely deep sleep for their newborn photographs.

Please ensure you bring plenty of spare nappies and feeds for your baby.

It will be really warm in the studio. I recommend wearing layered clothing so you can remove jumpers etc as required.

Sessions can only last around an hour for a mini newborn session, we need to keep it short to reduce exposure for all of us.

**If you can, please bring a dummy with you. Even if you haven't used one, just for the hour that I'm posing them it usually really helps to soothe baby between poses.**

However if you really prefer that we don't use one, that's fine as well!

I will be masked and gloved for the duration.

I ask that all clients sanitise their hands on arrival and keep back from the shooting area.

Your baby will be simply (but beautifully) posed in these sessions.

## WHAT TO WEAR

### For Mum & Dad

Mum & Dad you are a big part of the show. Photographing the connection between you and your baby is one of my all time favourite things.

Please keep colours neutral and designs simple - avoid prints, patterns and logos.

*Dads:* I ask that you bring a well fitting v-neck t-shirt or a shirt to wear with a good, snug pair of jeans. Be mindful of larger watches and consider if you want these present in your images.

*Mums:* Be sure that if you have nail polish on that it looks good, as your hands will make their way into the images. Keep make up simple.

Also, rest assured, baby is the main focus of these images, and you will be required to do very little in the way of posing.



### For Siblings

Including older brothers/sisters in your newborn's portraits is the perfect way to document this fleeting time in your lives.

*Sisters:* A pretty dress, or a snug fitting t-shirt/shirt in a neutral colour will be perfect. I ask that girls hair be natural and free of bows, headbands, etc.

*Brothers:* A snug pair of jeans and shirtless are preferred, please take a few moments to chat with your guy about this so he feels prepared for the session - though if he prefers not, a well fitting plain t-shirt is fine.

## A FEW ADDITIONAL THOUGHTS

If siblings will be joining you for the session, I ask that we do their shots, and your family shots at the start of the session. Under normal circumstances siblings would be welcome to stay for the duration. However, during this time we need to reduce exposure. I ask that siblings are taken out after their part. This will also enable us to quickly move through the rest of the session with no distractions or noise. Time will be precious and we need to make excellent use of it to get you as much variety in our time together.

I do also ask that only people from your household attend the session at this time.

All in attendance will need to stay back from the shooting area (I promise you will still be able to see what we are doing) We will not be attempting any of the more complicated poses where assistance is required.

It is my hope that you come to the studio feeling comfortable. I am truly honoured to be able to capture this incredible time in your lives and look forward to getting to know you and your sweet baby!

If you have any questions at all or want to discuss this further please feel free to call me at the studio on 07546 259981.

## HOW ABOUT AFTER THE SESSION?

After the session is over, I know you will be really excited to see your images, so I will edit your images as soon as I can and book in your viewing and ordering session.

I normally aim to have your images ready for you to view within 2 weeks of your session, but with the restrictions I have in place this may be slightly longer. I will do my best! Please bring along your diary so we can book your viewing as you leave the studio.

## MY THANK YOU FOR RECOMMENDING ME.

My thank you for choosing to recommend me to your friends and family is a print credit for a gorgeous set of prints for each person who books mentioning your name.



# sweet baby

photography

by sarah dale

## How we are keeping everyone safe during your session.

I have always kept my studio environment clean for each client, and during this time I am taking some extra precautions to ensure everybodys safety.



The studio will be thoroughly cleaned and disinfected before each client arrives.



I will be masked throughout your session. I'm hoping a pretty pink mask won't look too scary!



Additional handwashing and use of sanitiser throughout the session.



All props will be cleaned/washed/disinfected after each use.  
All fabrics will be laundered



Use of sterile gloves during your session.



There will be 48 hours scheduled between all studio sessions, with no exceptions.